

COMMUNITY HANDBOOK

The COMMUNITY HANDBOOK is a compilation of people's resources for Los Angeles and nearby communities. Part One, published in the April 2 issue of the VANGUARD, listed consumer organizations, food co-ops, housing and tax assistance groups. Part Two, this issue, lists day care centers, medical and dental clinics, senior citizen groups and women's organizations. We will be developing other resources in the weeks to come. Readers are encouraged to contribute listings, comments, complaints, reactions, kudos, updates, deletions or other responses about these resources to the Los Angeles Vanguard, 1060 Crenshaw Blvd., Los Angeles, Ca., 90019, or call us at 931-1641.

DAY CARE CENTERS. (Free or fee based on ability to pay.)

Children's Center, 718 Rose Avenue, Venice, 392-4836.
Albion St. Children's Center, 348 S. Avenue 18, LA, 221-1798.
Archdiocese of LA, 1520 W. 9th St., LA, 388-1291.
BUSCA, Inc., 4752 S. Huntington Dr., LA, 221-7133.
Campus Children's Center, Valley College, Van Nuys, 988-8570.
Child Development Center, 1620 E. 12th St., LA, 564-3215.
Child Care & Development, 2137 N. Marriana Ave., LA, 268-1931; 1450 W. Venice Blvd., LA, 747-9611.

Children's Place, The Church in Ocean Park, 235 S. Hill, Santa Monica, 399-6405.
Commission Feminil Mexicana Nacional, Inc., 379 Loma Dr., LA, 748-4912.
Compton Model Cities Day Care, 600 N. Alameda, Compton.
Gateway Day School, 2249 N. Topanga Canyon Blvd., Topanga, 455-1472.

Pasadena Day Nursery, 450 N. Garfield, Pasadena, 449-6220.
Pierce College Children's Center, 6201 Winnetka, Woodland Hills, 884-8553.
Silverlake People's Playgroup, 1336 Echo Park Ave., LA, 665-7625 or 485-0506.
Tribal American Preschool, 4753 E. Slauon, Maywood, 771-3563.
Woodland Hills Co-op Nursery School, Box 100, Canoga Park, 348-9580.



Counseling & Learning Center of Watts, 1457 E. 103rd St., LA, 564-7911.
Gate Street Children's Center, 2306 Thomas, LA, 222-5302.
Los Feliz Co-op Nursery School Griffith Park Recreation Center, 3401 Riverside Dr., LA, 664-5335.
Neighbors of Watts, 226 E. 126th St., LA, 779-6196 or 779-6298.

WOMEN

Affirmative Action Association for Women, 481-7843.
Center for New Direction, LA College, -5800 Fulton Ave., Van Nuys, 785-3955 or 785-9171.

Commit, 817 W. 34th St., LA, 747-7250.
Bilingual pre-school, aged, housing reform.
Fat Underground, P.O. Box 597, Venice, 223-1549.
Women's switchboard answering service, Fat Liberation Group, LA Feminist Federal Credit Union, 140 Westwood Blvd., LA. Financial counseling.
NOW, 8271 Melrose, LA, 655-5332; Valley Chapter, P.O. Box 20, Canoga Park, 883-7042.

Westside Women's Center, 237 Hill St., Santa Monica, 388-3491.
The Women's Bldg., 1727 No. Spring St., LA, 655-3331.
National Women's Political Caucus, 1133 Hacienda Pl., LA, 654-0275.
Sisterhood Bookstore, 1351 Westwood Blvd., LA, 477-7300.
Women's Institute & Health Center, 7151 W. Manchester Blvd., LA, 641-2911 or 776-5177.
Sunshine Mission for Women, 2600 S. Hoover, 747-7419.
Mamma Organization, P.O. Box 5758, Santa Monica.
Women's Resource Center, UCLA, 405 Hilgard, Powell Library, Rn. 90, 825-3945.
Women's Center, 6399 Wilshire, LA, 651-3528.
Women's Information Center, USC Library, 746-6057.
Westside Women's Health Care Project, 1711 Ocean Park Blvd., Santa Monica, 450-2191.

consumer beware

Jan & Mal Geller is a couple team assigned the task of finding consumer bargains, and uncovering consumer ripoffs.

There is probably no major "necessity" of life that stands so open to fraud, misunderstanding and frustration as the family automobile.

Among the many reasons for this state of dis-ease are: widespread ignorance by the average motorist, misleading (and sometimes fraudulent) advertising by auto products merchants, the ease of repair shop fraud — and the difficulty in proving it — a lack of standardization and interchangeability of parts between different makes and models of cars, and simply not paying attention to what your car is trying to tell you — until it is too late.

Any driver can save time, money and frustration by doing simple tasks for him/herself.

GASOLINE AND FUEL SYSTEM

1. Compare prices at gas stations. An inexpensive price doesn't mean poor quality. Check octane ratings instead of price; each pump must have its rating posted by law. The best price/value mix we have found is at Kwik-Gas at Santa Monica Boulevard and Gower Street (Regular at 47.9c, No Lead at 50.9c and Premium at 52.9c).

2. Use the lowest grade gas with which your car will perform well. Experiment, or

ask your dealer, mechanic or a knowledgeable friend.

3. Don't use gas that smells sour (like garbage). Generally, this gas is higher in methane-related compounds and performs less well.

4. Check and change gas filters as needed. Cars are generally equipped with little screens where the fuel line enters the carburetor. Also, quite a few cars have another filter in the fuel line (this resembles a little squat cylinder and would be located somewhere after the fuel line rises from under the engine and where it joins the carburetor). If these filters are not kept clean, impurities in the gasoline can clog them and cause poor performance, stalling and uneven idle and acceleration. The screens can be washed in solvent and put back in place. The in-line filters are made to be discarded and a new filter installed.

5. Try a locking gas cap. While you will have to give your key to anyone who pumps your gas, it will work for you in two ways. First, your gas can't be siphoned out. Second, if the vehicle is stolen, the thief can't put more gas into the tank and can only get so far.

6. Pump your own gas. Self-service islands are cheaper and faster.

UNDER THE HOOD

1. Service stations rarely check under the hood anymore. Check your oil, radiator water, battery water, tire pressure, trans-

The care and feeding of your car

Mallory & Jan Geller



mission fluid, power steering fluid, windshield fluid (if your car is so equipped) and belt tension once a week or more. Regular attention to these very minor and routine tasks can save some very major difficulties.

Here's why:

2. Engines are made to operate with a certain amount of lubricating oil which bathes the moving parts. Without sufficient oil, there is lowered compression and insufficient lubrication. Engine performs poorly and parts wear out. A common cause of the need for major engine overhaul is letting the oil run low.

3. A car must run at a certain temperature level. The water in the radiator is there to cool the engine to this level. If the water gets low it boils out and the engine overheats. This is the other main cause of major engine overhaul.

4. Batteries have water and acid in their cells. The water evaporates when the battery is hot, or more slowly even if the engine is not used. When the water evaporates, the battery cannot hold a charge and some of the cells can burn out. At least, a dry battery needs recharging after being replenished. Usually, however, a replacement battery is required.

5. Underinflated or overinflated tires wear unevenly and much more quickly. The recommended pressure is usually imprinted right on the tire, or ask someone who knows.

6. Transmission fluid or oil is to the transmission what oil is to the engine: the lifeblood. An transmission overhaul runs in the neighborhood of \$300!

7. Power steering fluid is like the engine and transmission lubricants.

8. Windshield fluid keeps the windshield clean when there is no water around to do the job, or if you want to clean the windshield while driving (it won't do a very good job while you're in motion). This can be vital in avoiding accidents.

9. Fan belt tightness is essential to insure that all the little motors attached to your engine run smoothly and evenly (avoids wear and tear). The most important little motor is your generator (or alternator). A slack belt gives uneven charging and can wear the battery out, or wear the belt out. In either case, you could easily get stuck far from a service station in the middle of the night (when these things always seem to happen).

The keynote in performing these routine checks is to insure that all is as it should be. But what if you find something wrong — what do you do? Although the adding of fluids or the adjusting of belts is an extremely simple thing, many people are totally uninformed of what to do. It is quite unfortunate that we are not given a basic education in automobiles as part of our schooling. Maybe we can get this added to the general curriculum for all students.

Next week — Fix it yourself and save.

Opinion



THE CITIZEN INTELLIGENCER

Burt Wilson



It was my privilege to know, and to work with, Ed Koupal. His untimely death last week was a great loss for us all because we missed so much through his life.

To many people, Ed Koupal was an enigma. They had trouble figuring out what he was like. They were sure he had a secret desire hidden somewhere that tempted him to do all the things he did. They were certain that somewhere there was a gimmick — a payoff.

But there wasn't. People who think in terms of pay-offs usually judge by themselves. They cannot accept altruistic motivations because they themselves do not know what altruism is. They harbor secret desires so they figure everybody else does. So to them, Ed Koupal just couldn't be idealistic that he wasn't looking for some personal payoff.

But they were wrong. Ed Koupal was realistic.

Ed Koupal knew how — and what it took — to be effective. He wasn't interested in fighting the good fight. Let the so-called liberals lapse into their familiar patterns of self-defeat when the going got rough, he was out to win. Ed Koupal was not afraid to take responsibility for victory. Rather than around asking "what do we do now?", Ed would provide solutions to problems to try to make sure those problems would never recur again.

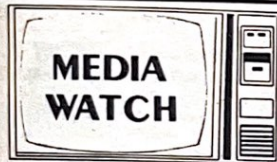
Ed Koupal was effective.

To succeed in the political arena takes a certain kind of toughness. Big Business and Big Government have spent years building facades to intimidate people before they even get started. Against this facade, Ed Koupal knew how to operate. He had a political killer-instinct. He went right for the jugular. Had he been any less a person, the many achievements of his People's Lobby would not have been gained.

Ed Koupal was tough. He had a single-minded intensity to follow through in the face of all opposition. He knew how to call their bluff. He just fought harder. He was a perfect example of that ideal that goes "only those who dare to fail greatly can achieve greatly." He cared little for his personal reputation. He was well aware that the price of victory was frequently the ego-satisfaction of admiration by one's peers.

Ed Koupal was fearless. But the real secret of Ed Koupal's life goes deeper than all the attributes of courage which he exemplified. More than anything else it provided the impulse to fight the existing injustices, to right the wrongs of our society and to work constantly on improving the quality of life. The secret? Ed Koupal loved people.

Burt Wilson is co-coordinator of CAUSE, a consumer group coalition.



Joan Taylor

It's been a great week for Bromo Seltzer in the Los Angeles TV News colony.

NBC is on strike, the St. Louis "gang" has taken over KNXT, and at KABC-TV Jerry Dunphy and Christine Lund are teamed up at 6 p.m., but the jury is still out on who will anchor and co-anchor the 5 p.m. news.

The April Fool's Day strike against NBC, NABET, the National Association of Broadcast Employees and Technicians, has not only emptied the Burbank lot of engineers, studio cameramen, lighting technicians and makeup persons, but also newswriters, news producers and assignment editors.

Management types are filling in, but the results on the air are rocky. It may be a long strike, too, since jurisdiction and work rules are as much in dispute for a new contract as age increases and fringe benefits.

In addition, the Labor Department has ruled that NBC must pay the strikers their vacation pay. For most of the striking NABET members, this means they have two weeks of pay coming and won't really feel strike pressure for a month. NBC, too, is in a good position to take a "long" strike. No news is in current production and there won't be a need for extra engineers until the national political conventions in July.

Since KNBC's newscasts are live with daily film and videotape inserts, news will suffer more than other programming. NBC has run old films and pre-recorded TV package shows for months without the public really being aware there is even a strike, but on the daily newscasts, the strike will be embarrassingly obvious with missed news, bloopers, sloppy writing, studio cameras out of focus and assorted other problems.

Meanwhile, back in Hollywood, KNXT

News is in a state of flux. Channel Two's General Manager Russ Barry and News Director Jim Topping have been given the boot and replaced by a team from the CBS station in St. Louis.

The first changes they have made are to switch anchorperson Joseph Benti from the Six O'Clock News to the less important Five O'Clock News. KNXT's bionic "Ken" doll, Pat Emory, has been moved to the Six O'Clock hour despite the fact that he has yet to make a ripple in ratings no matter where they stick him. Why he is in sudden favor by the new bosses may be explained by the fact that Emory came to KNXT from KMOX in St. Louis. The Hollywood grapevine suggests that morale has never been lower at KNXT News. There are continuous rumors that the new management may have come to Los Angeles to take KNXT out of news, rather than put them back into competition. The rumors suggest that KNXT is going to cut back on writers, camera crews and maybe even dump the Five O'Clock News.

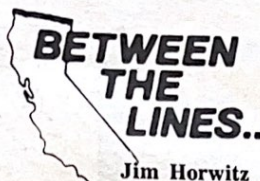
It doesn't seem likely. There is too much money to be made in local news for CBS to surrender to NBC and ABC. What may be in the making, however, is a plan to tear down the existing shop, then build it back up with new people.

Down at Prospect and Talmage, as we predicted last week, Jerry Dunphy and Christine Lund have been teamed up on the Six O'Clock News with John Hambrick pushed back to the Five O'Clock hour. There is an effort underway now to see who works best as a co-anchor with Hambrick. Chuck Henry and Diana Lewis are the early favorites, but there is always the possibility that Hambrick may just get fed up with the way he's been shoved around and take a hike.

News isn't Hambrick's only vocation. We're told that he's a country singer. Don't laugh.

Hambrick may be the smartest anchorman in town. He's the only one with a second vocation. The way the doors swing open and shut at local news shops, everybody ought to have a backup skill.

Joan Taylor is our Deep Throat in the Establishment media.



Jim Horwitz

ANOTHER WITCH HUNT ON CAPITOL HILL?

The House Ethics Committee has just authorized the expenditure of \$150,000 to investigate the leak of an official congressional report to Daniel Schorr. Observers expect the investigation to turn into a Joe McCarthy type witch hunt. Washington Watch (3/26) believes "the USA is overdue for its periodic every-decade-or-so 'subversive shakes'. And 'subversive shakes' are not only diverting but necessary to the continued financial health of the Military-Industrial-Intelligence complex." According to the New York Times (3/2), "The amount of money, the size of the staff and the committee's request for broadened subpoena power raised the expectation that the committee is preparing to open a major detailed and long inquiry."

The Ethics Committee, which has never investigated anyone, could be serving the country far better than doing the bidding for the CIA-Military interests, by examining the allegations that dozens of members of congress have received illegal cash payments from major U.S. Corporations. Many of the cash donors have been convicted in court for the pay-offs. Yet the politicians who reportedly received the millions of dollars are not even being investigated. According to Gulf Oil testimony, among those who have been named as receiving regular payments are Senators Hugh Scott, Tip O'Neill, Henry Jackson and Hubert Humphrey, and former Congressman Gerald Ford.

If there is any concern that the Ethics Committee might attack the Pentagon or the CIA, fear not! Five of the twelve members also serve on the House Armed Services Committee, while all but one of the members have a voting record between 80 and 100% in support of the American Security Council.

L.A. SCHOOL BOARD MEMBER HOWARD MILLER's recently strange behavior for a liberal (?), shouldn't come as

too great a surprise. During the 1974 Lt. Governor primary race when Miller opposed Mervyn Dymally for the Democratic

nomination, he did some rather irrational campaigning. Miller accused Dymally of possible criminal conduct for accepting funds from the Health Care industry. (Dymally had investments in that field) even though it wasn't against the law. Miller accused Mervyn of falsifying his financial statement by not disclosing he owned four homes. In reality Dymally owned one home, but had countersigned on mortgage loans for three friends and relatives. Furthermore, Howard Miller, formerly of the Channel 28 'Advocates', created a controversy for KCET by coercing them to do a membership mailing on his behalf.

BITS AND PIECES: The Wall Street Journal reports that the Teamsters Union, despite its widely reputed ties to organized crime, has successfully unionized at least 200 police departments across the United States. . . . U.S. Senate candidate Tom Hayden, during the summer of 1975, publicly endorsed the PLO . . . 27th District Congressional candidate Wallace Albertson has received the endorsement of Valpac. Her opponent State Senator Tony Beilenson sent back \$15,000 in unsolicited union funds in 1975 . . . U.S. Senator Alan Cranston is pushing legislation for the first large scale 'road test' of methanol (wood alcohol) as a motor fuel . . . Does State Senator Alan Robbins know he is possibly being used as a hatchet man for Chief Ed Davis' try for LA Mayor in '77? . . . Rep. Yvonne Burke has been unanimously elected as the first woman chairperson of the Congressional Black Caucus . . . Rosey Grier and Steve Allen are the honorary Co-Chairpersons of the Chuck Belser for State Senate - 19th district . . . Representative Barry Goldwater Jr. has become the leading Republican congressional defender of the individual's right of privacy . . . When Richard Nixon moved to Washington DC in 1946, when first elected to Congress, he signed a restrictive covenant on his Whittier house . . . Democratic Congressman Don Edwards, George Brown, Tom Rees (retiring) and former Congressman Jerry Walde have endorsed Morris K. Udall for President . . . Robert J. Keyes and Toshi Yamamoto have been named to head the California Minorities for President Ford.

Jim Horwitz, businessman, Vanguard co-publisher, and political commentator.

Ron Cobb is back!

RON COBB IS BACK. America's premier alternative press cartoonist, after a long absence, is returning to the print media exclusively with the Los Angeles Vanguard. Cobb most recently has been touring with a group of American artists in Cuba. For those who have missed Cobb, this will be a welcome return. For those who don't know him, we invite you to become acquainted with him now. To get a feeling of who Cobb is, we quote from Cobb on Cobb:

Cobb: I'm fascinated with man in stress situations, I'm fascinated with man at a crisis. So I love to create artificial crises, because I think that rather than making a timid, harmless point with a cartoon I would much prefer to draw someone into a situation where they have to say . . . "Yeah! . . . what would I say if that did happen?" — where they have to react.

"(A crisis situation) attracts me because

man has the ability to build walls between himself, nature and reality. We have developed the capacity to live on a chess board where a lot of illusory values can be maintained that seem to be real — where definitions reign supreme.

"I want to be open. I want to be receptive to what will happen rather than expecting things I think will happen. I like to feel things coming. I have the feeling that man could live in his own skin a great deal more comfortably; and that man is sort of on the way to really coming to grips with what he actually is and opening out to all his potentials, which are essentially mysterious. I think that right now, we have to acknowledge that most of what really matters and most of what really motivates man is not clearly understood."

Look for a feeling of Cobb on this page in our next issue.



SUBSCRIBE!